

CHILDCARE CHECKLIST

The attached form is designed as a checklist to ensure that you give all relevant information to any carer or babysitter who will be looking after your children.

Your Name

Child/ren's Name(s)

Child/ren's Age(s)

Address

Home Tel. No.

Mobile No.

Work Tel. No.

TV / Computer Rules

Meal / Snacks

Allergies

Medicine

Emergency Contact
Name & Tel. No.

Bedtime & Routine

Location of torch
And/or Candles

Location of Fuse Box

Location of
Emergency Exits

Location of First
Aid Box

Local Hospital Tel
No & Location

Dr Tel No